

Cycling Trails



Corsican Cycle Trail - a central circuit of **3.2km**

Starting at the Visitor Centre, this circuit takes you through the forest along level, wide gravel tracks.



Crane Cycle Loop - adds **3.2km** to Corsican Cycle Trail

Takes you through the Golf Course, alongside Crane Lake and into Potterne Wood, returning via Potterne Park. Mainly tarmac, some gravel and dirt sections, narrow in places, one boardwalk and one short hill.



Somerley Cycle Loop - adds **1.6km** to Corsican Cycle Trail

Dirt and gravel tracks through the forest and heathland, with a steep uphill section near the start. Suitable in most weathers.



Watchmoor Cycle Loop - adds **2.4km** to Corsican Cycle Trail

Takes you to some of the quieter areas of the forest along dirt and gravel tracks with some gentle ups and downs.



Through the Forest - **7km**

A specially designed one-way singletrack trail for cyclists with basic off-road riding skills. The route includes narrow, flowing sections and is not suitable for trailers, tag-a-longs or child seats. Boardwalk sections may become slippery in wet conditions. This trail is intended exclusively for cycling and pedestrians are not permitted. Please follow the designated direction of travel at all times.



Hire a bike from our **Cycle Centre** and explore more of Moors Valley. With trailers, tag-alongs and child seats available, it's ideal for families and riders of all ages. Please note: hire bikes are not permitted at Watchmoor Bike Park, on the Castleman Trailway or off-site.



Watchmoor Bike Park is a dedicated cycle area where riders can use their downhill, cornering and jumping skills. Helmets must be worn. Hire bikes are not to be used in this area.



Key

- 1 Play Trail start
- 2 Play areas
- 3 4 Railway Stations
- 5 Walking & Cycling Trails start
- 6 Visitor Centre & Café
- 7 Golf & Activity Centre
- 8 The Lookout
- 9 Go Ape
- 10 Adventure Valley
- 11 Forest Gallery
- Boardwalk
- Rope bridge
- Toilets
- Dog waste bin
- Water fountain
- Defibrillator 24hrs. First aid (inside venue opening hours)
- Defibrillator (inside venue opening hours)
- Shelter
- Picnic area
- Music Trail
- Photo opportunity
- Ice cream kiosk
- Information point
- Cycle Centre
- Watchmoor Bike Park

Moors Valley Cycling Code



Take extra care around horses and pedestrians

- make sure they hear you approach
- slow down and ride carefully when passing
- be prepared to stop if needed



Stay safe

- carry a snack, a drink and a mobile phone
- always wear a helmet to reduce the risk of head injury
- wear sensible clothing and footwear
- always follow warning signs



The **Castleman Trailway** provides an off-road route from Ringwood to West Moors. The route continues on to Upton Country Park, Poole. Hire bikes are not to be taken offsite. For more details please contact Dorset Council on **01425 483809** dorsetcouncil.gov.uk/castlemanrailway