



Our 3-2-1 running routes were installed in partnership with Run England.

All routes start at the totem pole. Each route is waymarked with discs with red arrows, with additional coloured arrows at junctions where the routes separate.

For more waymarked running routes in the local area visit the Run Together website: runtogether.co.uk/routes

Map key

- ⊙ starting point
- ⊕ finishing points
- one mile trail
- two mile trail
- three mile trail

What to look for

Red 'Run England' arrow markers, fixed to wooden posts along each of the 3 routes. Additional blue and green arrows indicate where to turn onto the 1 and 2 mile routes.

